

Program Safety Sheet



PROGRAM NAME: INSTRUCTIONAL GYMNASTICS

The following safety sheet has been created to share important information to keep participants and instructors safe. If you have any additional questions, please contact the Program Supervisor:

Carole Fink Gymnastics Center: 651-792-7166 rosevillegymnastics@comcast.net

Program has been modified:

No more than 25 athletes/coaches will be allowed in the Gymnastics Center at once to allow for safe physical distancing during practice. Participants must follow all safety protocol as communicated by the instructor. Classes have been scheduled to ensure that students can enter and exit the building without overlap. Class sizes have been reduced to allow for social distancing.

The water fountains will not be available, students are encouraged to bring a water bottle.

Arrival and Departure Information:

Participants should arrive no more than 5 minutes prior to class. Upon entering the building, students should find a floor marker in the lobby to wait for the instructor to check in students. Prior to attending class, students should be pre-screened for COVID-19 symptoms including a temperature check. Students are encouraged to use the restroom before arrival and come dressed for class. Hand sanitizer will be available and should be used upon arrival and after class.

Students should bring a duffel bag or backpack to keep their personal belongings in during class. The lockers will not be available for use. Bags will be kept inside the gym and should include a mask and water bottle.

Entrance and exit doors are marked to control traffic flow. Students should exit the building immediately when dismissed from class.

Spectator Information:

Students are encouraged to be dropped off at the door. When this is not possible, no more than one adult per student will be allowed in the building. The lobby occupancy will be limited to allow for social distancing protocol. Face masks must be worn in the lobby area at all times. The upstairs viewing area will be closed at this time.

Basic Cleaning Information:

The facility and equipment will be sanitized daily. All contact surfaces will be sanitized before and after class.

Facial Covering Information:

Participants must wear a face covering when entering the building and while in the lobby area. Face masks are not required during class, they may be removed when inside the gymnastics gym and should be stored with other personal belongings.

It is important to note that all Roseville Parks and Recreation programs have been planned, developed and conducted following the Center for Disease Control (CDC) and MDH guidelines for Social Distancing in Recreational Programs. Please be aware there is some risk of participating in any activity during the pandemic. Even though we are working to provide as safe as an environment as possible, 100% mitigation cannot be guaranteed for any activity.